



Established 1892

P.O. Box 2, Larchmont, New York 10538

(914)834-4309



2017 Aquatic Program at Manor Beach

This aquatic program is designed for young people 12 through 14 years of age. While this class does not certify them to lifeguard, it does strive to provide them with the opportunity to learn the requirements and skills necessary to becoming a lifeguard.

The participants gain an understanding of a lifeguard's job; while at the same time gaining aquatic and leadership knowledge necessary for the successful completion of the American Red Cross Lifeguard Training Course.

Learning Objectives Include: Emergency Prevention/ Response; Leadership/Professionalism; Fitness; and the special knowledge of lifeguarding in an open water environment.

Fee: \$125

Course Length: 8 Classes 1 Hour each

For additional information and to sign up please visit us at www.larchmontmanorpark.org or stop by the beach office.



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Junior Lifeguard Sign up Form

Student Name: _____ Home Phone# _____ Sex M ___ F ___

Mailing Address _____

Mother's Name _____ Daytime Phone # _____ Cell Number# _____

Father's Name _____ Daytime Phone # _____ Cell Number# _____

E-Mail _____

Age _____

Fee: Each session is \$125. There are no refunds so please plan accordingly. If there is a rain date the class will be rescheduled.

All class times are from 5:15pm to 6:15pm. Dates are as follows:

1. Thursday July 6
2. Monday July 10
3. Thursday July 13
4. Monday July 17
5. Thursday July 20
6. Monday July 24
7. Thursday July 27
8. Monday July 31